



Week one	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Blue meal</b>	Pizza/pasta combo with sweetcorn	BBQ chicken breast with savoury rice and peas	Homemade pork sausage pastry with mash and peas	Savoury mince with baby potatoes and carrots	Fish with chips and crunchy coleslaw and tomato sauce
<b>Red meal</b>	Turkey meatballs in gravy with baby potatoes and sweetcorn	Baked potato with beans and cheese	Arrabiata pasta and peas	Quorn dippers with wedges and carrots	Macaroni cheese with peas
<b>Green meal*</b>	Tuna mayo baguette with a side of cucumber batons	Ham baguette with a side of carrot batons	Turkey sandwich with a side of sweetcorn salad	Cheese baguette with a side of crunchy coleslaw	Chicken sandwich with a side of mixed pepper batons
<b>Yellow meal (v) (ve)</b>	Sausage in gravy with baby potatoes and sweetcorn	Baked potato with beans and cheese	Penne bolognese with peas	Vegetable nuggets with wedges and carrots	Fishless fingers with wedges and peas and tomato sauce
<b>Included with all meals</b>	Fresh fruit selection or packet of raisins Lentil soup with crusty bread Side salad	Fresh fruit selection or packet of raisins Banana sponge ** Side salad	Fresh fruit selection or packet of raisins Tomato soup with crusty bread Side salad	Fresh fruit selection or packet of raisins Ice cream ** Side salad	Fresh fruit selection or packet of raisins Yoghurt ** Side salad
Week two	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Blue meal</b>	Chicken curry with rice and broccoli	Pizza/pasta combo with sweetcorn	Steak pie with baby potatoes and carrots	Pork sausage in a finger roll with wedges and peas and tomato sauce	Fish fingers with chips and beetroot and tomato sauce
<b>Red meal</b>	Chicken in a bun with wedges and BBQ beans	Baked potato with tuna mayo and sweetcorn	Macaroni cheese with carrots	Penne bolognese with peas	Turkey meatballs in gravy with chips and beetroot
<b>Green meal*</b>	Tuna mayo baguette with a side of cucumber batons	Ham baguette with a side of sweetcorn salad	Cheese baguette with a side of carrot and raisin salad	Turkey sandwich with a side of carrot batons	Chicken sandwich with a side of pepper batons
<b>Yellow meal (v) (ve)</b>	Chinese vegetable curry with rice and broccoli	Baked potato with cheese and sweetcorn	Sausage with gravy, BBQ beans and baby potatoes	Penne bolognese with peas	Fishless fingers with wedges and beetroot
<b>Included with all meals</b>	Fresh fruit selection or packet of raisins Lentil soup with crusty bread Side salad	Fresh fruit selection or packet of raisins Carrot and orange sponge** Side salad	Fresh fruit selection or packet of raisins Minestrone soup with crusty bread Side salad	Fresh fruit selection or packet of raisins Yoghurt ** Side salad	Fresh fruit selection or packet of raisins Plain cookie ** Side salad
Week three	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Blue meal</b>	Chicken curry with rice and peas	Chicken sausage with mashed potato and gravy and sweetcorn	British beef burger in a bun with wedges and beans	Pizza/pasta combo with cut green beans	Fish fingers with chips and peas and tomato sauce
<b>Red meal</b>	Arrabiata pasta with peas	Quorn dippers with wedges and sweetcorn	Baked potato with beans and cheese	Penne bolognese and cut green beans	Bubble coated salmon with chips and peas
<b>Green meal*</b>	Tuna mayo baguette with a cucumber baton side	Cheese baguette with a carrot baton side	Ham baguette with a sweetcorn salad side	Chicken sandwich with a carrot and raisin salad side	Turkey sandwich with a side of pepper batons
<b>Yellow meal (v) (ve)</b>	Arrabiata pasta with peas	Vegetable nuggets with wedges and sweetcorn	Baked potato with beans and cheese	Penne bolognese and cut green beans	Sausage with gravy, baby potatoes and peas
<b>Included with all meals</b>	Fresh fruit selection or packet of raisins Lentil soup with crusty bread Side salad	Fresh fruit selection or packet of raisins Ice cream ** Side salad	Fresh fruit selection or packet of raisins Vegetable soup with crusty bread Side salad	Fresh fruit selection or packet of raisins Yoghurt ** Side salad	Fresh fruit selection or packet of raisins Lemon sponge ** Side salad



### South Lanarkshire Council Facilities Services

#### Fresh food you can trust made daily in our schools by fully trained catering professionals

#### Food Pledge

- Our dishes are freshly prepared daily in schools by our accredited catering staff.
- We will continuously endeavour to increase the amount of farm assured and red tractor food we use.
- Our meals are free from undesirable additives and Trans fats with no genetically modified ingredients.
- All our milk comes from Scottish farms.
- We will make our menus seasonal.
- All of our meat can be traced back to a Scottish or U.K. farm.
- We do not serve any endangered fish due to the fish we procure being MSC accredited.
- We put in place measures to continuously reduce food waste and packaging to meet the Council's sustainability targets.
- We train our catering employees to provide food and health guidance and become actively involved in food education activities.
- We developed an information platform on the Council's website providing menus, recipes, nutritional content and allergen information.



\* Sandwiches with tuna mayo or cheese are available daily.  
 The yellow option meals are suitable for vegetarian (v) and vegan (ve) diets. In these recipes we use vegan cheese, vegan Quorn sausages, meatless mince and vegan Quorn fishless fingers.  
 As an alternative to the fresh fruit selection, we offer a box of raisins.  
 \*\* These items are not suitable for a vegan diet and will be replaced with a box of raisins.

Week 1	23/08	13/09	04/10	25/10	15/11	06/12		17/01	07/02	28/02	21/03		02/05	23/05	13/06
Week 2	30/08	20/09		01/11	22/11	13/12	03/01	24/01	14/02	07/03	28/03	18/04	09/05	30/05	20/06
Week 3	06/09	27/09	18/10	08/11	29/11	20/12	10/01	31/01	21/02	14/03		25/04	16/05	06/06	

If you need this information in another language or format, please contact us to discuss how we can best meet your needs.  
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[www.southlanarkshire.gov.uk](http://www.southlanarkshire.gov.uk)

