



Week one	Monday	Tuesday	Wednesday	Thursday	Friday
Blue meal	British beef burger in a bun with wedges and beans	Cheese and tomato pizza with diced potatoes and coleslaw	Chicken curry with rice and broccoli	Beef casserole with Yorkshire pudding, baby potatoes and sweetcorn	Fish with chips tomato sauce and peas
Red meal	Toasted cheesy beano	Quorn dippers with tomato rice and coleslaw	Macaroni cheese with broccoli	Baked potato with tuna mayo and sweetcorn	Chicken meatballs in gravy with chips and peas
Green meal*	Cheese sandwich with a side of cucumber batons	Chicken baguette with a side of coleslaw	Tuna mayo pasta with a side of carrot batons	Ham baguette with a side of sweetcorn	Turkey sandwich with a side of pepper batons
Yellow meal (v) (ve)	Arrabiata pasta with peas	Vegetable nuggets with tomato rice and carrots	Sausage with gravy, wedges and beans	Baked potato with cheese and sweetcorn	Fishless fingers with wedges and peas
Included with all meals	Fresh fruit selection or packet of raisins Yoghurt** Side salad	Fresh fruit selection or packet of raisins Strawberry mousse** Side salad	Fresh fruit selection or packet of raisins Breadsticks Side salad	Fresh fruit selection or packet of raisins Chocolate sponge ** Side salad	Fresh fruit selection or packet of raisins Lentil soup with crusty bread Side salad
Week two	Monday	Tuesday	Wednesday	Thursday	Friday
Blue meal	Chicken curry with rice and carrots	Cheese and tomato pizza with pasta and sweetcorn	Spaghetti bolognese with garlic bread and peas	Sausage pastry with mash and beans	Fish fingers with chips tomato sauce and beetroot
Red meal	Cheese toastie and corn on the cob	Chicken meatballs in tomato sauce sub with wedges and sweetcorn	Chicken grill on a bun with tomato sauce, wedges and peas	Baked potato with beans and cheese	Bubble coated salmon with chips and beetroot
Green meal*	Tuna mayo baguette with a carrot baton side	Cheese roll with a sweetcorn side	Ham baguette with a pepper baton side	BBQ chicken wrap with a cucumber baton side	Turkey sandwich with a side of beetroot
Yellow meal (v) (ve)	Vegetable nuggets with tomato rice and carrots	Baked potato with cheese and sweetcorn	Penne bolognese with peas	Sausage with gravy, wedges and beans	Vegetable samosa with tomato rice and beetroot
Included with all meals	Fresh fruit selection or packet of raisins Tomato soup with crusty bread Side salad	Fresh fruit selection or packet of raisins Ice cream** Side salad	Fresh fruit selection or packet of raisins Strawberry mousse** Side salad	Fresh fruit selection or packet of raisins Lentil soup with crusty bread Side salad	Fresh fruit selection or packet of raisins Breadsticks Side salad
Week three	Monday	Tuesday	Wednesday	Thursday	Friday
Blue meal	Chicken curry with rice and cut green beans	Cheese and tomato pizza with wedges and sweetcorn	Steak pie with mash and carrots	Pork sausage in a finger roll with wedges and beans	Fish fingers with chips tomato sauce and peas
Red meal	Macaroni cheese with cut green beans	Roast chicken in gravy with Yorkshire pudding, mashed potatoes and sweetcorn	Quorn dippers with wedges and carrots	Toasted cheesy beano	Chicken noodle stir fry and peas
Green meal*	Cheese baguette with a carrot baton side	Tuna mayo pasta pot with a side of sweetcorn	Ham Baguette with a cucumber baton side	BBQ chicken wrap with mixed pepper batons	Turkey sandwich with a carrot and raisin salad side
Yellow meal (v) (ve)	Penne bolognese with cut green beans	Sausage with gravy, wedges and sweetcorn	Vegetable nuggets with wedges and carrots	Baked potato with beans and cheese	Fishless fingers with wedges and peas
Included with all meals	Fresh fruit selection or packet of raisins Yoghurt** Side salad	Fresh fruit selection or packet of raisins Lentil soup with crusty bread Side salad	Fresh fruit selection or packet of raisins Chocolate sponge** Side salad	Fresh fruit selection or packet of raisins Jelly Side salad	Fresh fruit selection or packet of raisins Vegetable soup with crusty bread Side salad



Fresh food you can trust made daily in our schools by fully trained catering professionals

Food Pledge

- Our dishes are freshly prepared daily in schools by our accredited catering staff.
- We will continuously endeavour to increase the amount of farm assured and red tractor food we use.
- Our meals are free from undesirable additives and Trans fats with no genetically modified ingredients.
- All our milk comes from Scottish farms.
- All menus are planned using seasonal produce.

- All of our meat can be traced back to a Scottish or UK farm.
- We do not serve any endangered fish due to the fish we procure being MSC accredited.
- We put in place measures to continuously reduce food waste and packaging to meet the council's sustainability targets.
- We train our catering employees to provide food and health guidance and become actively involved in food education activities.

- We developed an information platform on the council's website providing menus, recipes, nutritional content and allergen information.



* Sandwiches with tuna mayo or cheese are available daily.

** These items are not suitable for a vegan diet and will be replaced with a box of raisins.

The yellow option meals are suitable for vegetarian (v) and vegan (ve) diets. In these recipes we use vegan cheese, vegan Quorn sausages, meatless mince and vegan Quorn fishless fingers.

As an alternative to the fresh fruit selection, we offer a box of raisins.

Week 1	29/08	19/09	10/10	31/10	21/11	12/12		23/01	13/02	06/03	27/03	17/04	08/05	29/05	19/06		21/8
Week 2	05/09	26/09		07/11	28/11	19/12	09/01	30/01	20/02	13/03		24/04	15/05	05/06	26/06		
Week 3	12/09	03/10	24/10	14/11	05/12		16/01	06/02	27/02	20/03		01/05	22/05	12/06			14/08

If you need this information in another language or format, please contact us to discuss how we can best meet your needs.
Phone: 0303 123 1015 Email: equalities@southlanarkshire.gov.uk

www.southlanarkshire.gov.uk

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