

Internet Safety



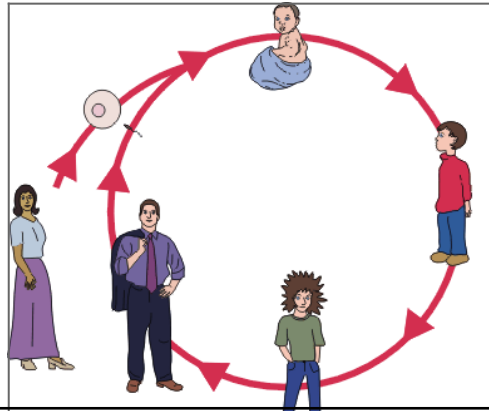
Safety on the Internet



Hygiene



RE—Sikhism with focus on the Gurdwara—treating others equally



Human Life Cycle in Science



Who can help?—Drama

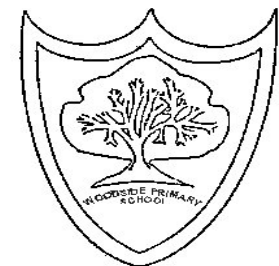


Emotional wellbeing

Curriculum for Excellence
Relationships, Sexual
Health and Parenthood
Parent Information
Leaflet
PRIMARY 5



WOODSIDE
PRIMARY
SCHOOL



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RELATIONSHIPS, SEXUAL HEALTH AND PARENTHOOD

LEARNERS DEVELOP AN UNDERSTANDING OF HOW TO MAINTAIN POSITIVE RELATIONSHIPS WITH A VARIETY OF PEOPLE AND ARE AWARE OF HOW THOUGHTS, FEELINGS, ATTITUDES, VALUES AND BELIEFS CAN INFLUENCE DECISIONS ABOUT RELATIONSHIPS, AND SEXUAL HEALTH.

(CURRICULUM FOR EXCELLENCE HEALTH AND WELLBEING)



SECOND LEVEL EXPERIENCES AND OUTCOMES (P5)

I understand that a wide range of different kinds of friendships and relationships exist.

I am aware that positive friendships and relationships can promote health and the health and wellbeing of others.

I am identifying and practising skills to manage changing relationships and I understand the positive impact this can have on my emotional wellbeing.

I am aware of the need to respect personal space and boundaries and can recognise and respond appropriately to verbal and non-verbal communication.

I recognise that how my body changes can affect how I feel about myself and how I may behave.

I can describe the physical and emotional changes during puberty, understand why they are taking place and the importance of personal hygiene.

I know that all forms of abuse are wrong and I am developing the skills to keep myself safe and get help if I need it.

I am able to describe how human life begins and how a baby is born.

I can describe the role of a parent/carer and the skills, commitment and qualities the role requires.

WHAT WILL THE CHILDREN LEARN IN PRIMARY 5?

(In line with Education Scotland Health & Well-being benchmarks)

Different kinds of relationships and how some can be positive and negative.

Roles and responsibilities of family and self.

Importance of help, support and safety and who can help.

Dealing with emotions and strategies to use.

How to make and keep positive friendships and relationships.

Emotional wellbeing, being able to recognise different emotions and know techniques to manage these.

Hormones released during puberty cause emotional and physical changes.

As we grow and change, we become more independent.

Communication of positive and negative feelings.

Puberty changes and that we can't control some of the changes.

Hygiene.

Processes of reproduction and fertilisation within life cycles.

That abuse happens in different forms

How a baby is made and grows inside the womb.

Process of birth and needs of babies before and after birth.