

Life Cycles in Science



Internet safety and influence of the media



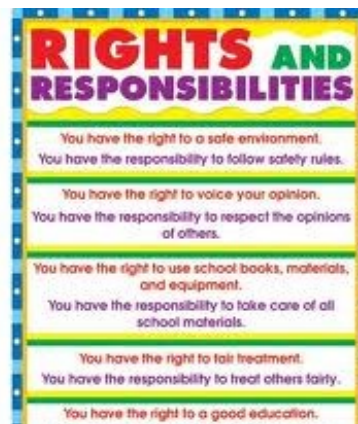
Heredity in Science



Friendship and relationships



Hygiene and healthy bodies

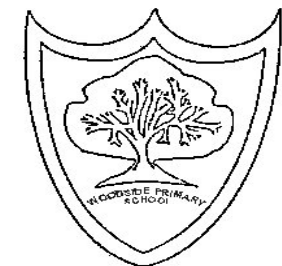


Rights and Responsibilities

Curriculum for Excellence
 Relationships, Sexual Health and Parenthood
 Parent Information
 Leaflet
 PRIMARY 7



**WOODSIDE
 PRIMARY
 SCHOOL**



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RELATIONSHIPS, SEXUAL HEALTH AND PARENTHOOD

LEARNERS DEVELOP AN UNDERSTANDING OF HOW TO MAINTAIN POSITIVE RELATIONSHIPS WITH A VARIETY OF PEOPLE AND ARE AWARE OF HOW THOUGHTS, FEELINGS, ATTITUDES, VALUES AND BELIEFS CAN INFLUENCE DECISIONS ABOUT RELATIONSHIPS, AND SEXUAL HEALTH.

(CURRICULUM FOR EXCELLENCE HEALTH AND WELLBEING)



SECOND LEVEL EXPERIENCES AND OUTCOMES (P7)

I understand that a wide range of different kinds of friendships and relationships exist.

I am aware that positive friendships and relationships can promote health and the health and wellbeing of others.

I am identifying and practising skills to manage changing relationships and I understand the positive impact this can have on my emotional wellbeing.

I am aware of the need to respect personal space and boundaries and can recognise and respond appropriately to verbal and non-verbal communication.

I recognise that how my body changes can affect how I feel about myself and how I may behave.

I can describe the physical and emotional changes during puberty, understand why they are taking place and the importance of personal hygiene.

I know that all forms of abuse are wrong and I am developing the skills to keep myself safe and get help if I need it.

I am able to describe how human life begins and how a baby is born.

I can describe the role of a parent/carer and the skills, commitment and qualities the role requires.

WHAT WILL THE CHILDREN LEARN IN PRIMARY 7?

(In line with Education Scotland Health & Well-being benchmarks)

Development and change in friendships and relationships (parent and child, friends, husband and wife, LGBT) also gender identity issues.

Roles and responsibilities of family and self.

Appropriate behaviours.

Different types of love and relationships.

Where to get help and advice.

Gender stereotypes and challenging of these.

Attitudes to love and marriage multi-culturally.

Recognising, dealing with and expressing emotions.

Influence of the media and its portrayal of relationships.

Puberty and its changes in detail.

Hygiene

Internet safety

I can explain the process of reproduction (sexual intercourse, sperm meets egg, baby forms, giving birth)

I know reasons why contraception may be used (prevent pregnancy and infection.)

I can identify and challenge the myths surrounding pregnancy and birth.

Health of unborn baby and its needs.