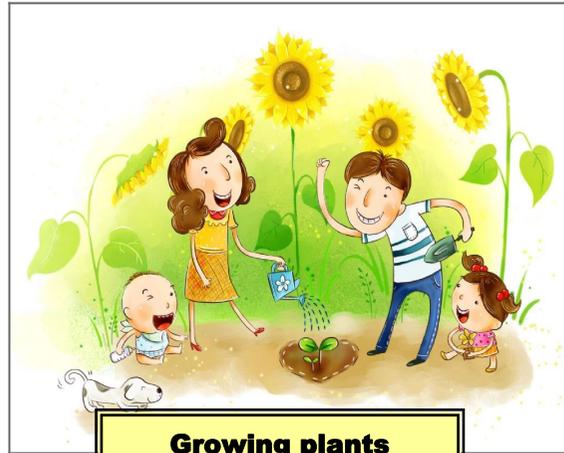


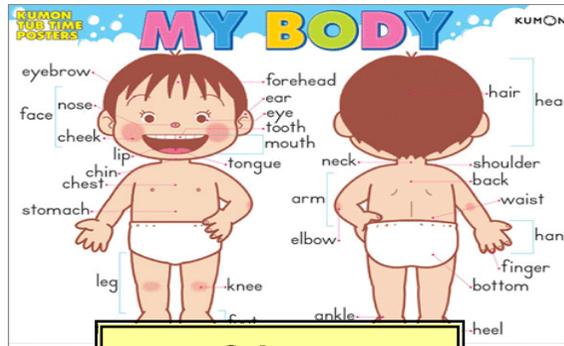
**Life Cycles in Science**



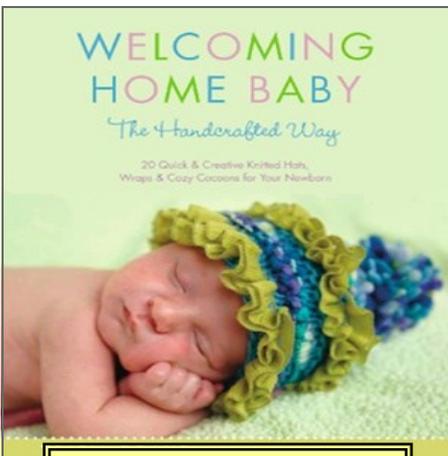
**Growing plants**



**Hygiene**



**Science**



**Religions Education**

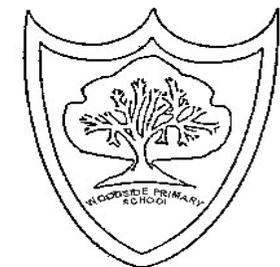


**Emotional wellbeing**

Curriculum for Excellence  
 Relationships, Sexual  
 Health and Parenthood  
 Parent Information  
 Leaflet  
**PRIMARY 2**



**WOODSIDE  
 PRIMARY  
 SCHOOL**



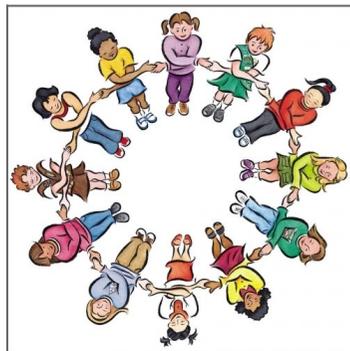
Email: [office@woodside-pri.s-lanark.sch.uk](mailto:office@woodside-pri.s-lanark.sch.uk)



# RELATIONSHIPS, SEXUAL HEALTH AND PARENTHOOD

**LEARNERS DEVELOP AN UNDERSTANDING OF HOW TO MAINTAIN POSITIVE RELATIONSHIPS WITH A VARIETY OF PEOPLE AND ARE AWARE OF HOW THOUGHTS, FEELINGS, ATTITUDES, VALUES AND BELIEFS CAN INFLUENCE DECISIONS ABOUT RELATIONSHIPS, AND SEXUAL HEALTH.**

(CURRICULUM FOR EXCELLENCE HEALTH AND WELLBEING)



## FIRST LEVEL EXPERIENCES AND OUTCOMES (P2)

I am aware of how friendships are formed and that likes, dislikes, special qualities and needs can influence relationships.

I understand positive things about friendships and relationships but when something worries or upsets me I know who I should talk to.

I know that there are people in our lives who care for and look after us and I am aware that people may be cared for by parents, carers or other adults.

I am aware of the need to respect personal space and boundaries and can recognise and respond appropriately to verbal and non-verbal communication.

I recognise that we have similarities and differences but are all unique.

I understand that I can tell the difference between male and female by looking at them but sometimes can't.

I am aware of my growing body and I am learning the correct names for its different parts and how they work.

I am learning what I can do to look after my body and who can help me.

I am learning about respect for my body and what behaviour is right and wrong. I know who I should talk to if I am worried about this.

I am learning about where living things come from and about how they grow, develop and are nurtured.

I am able to show an awareness of the tasks required to look after a baby.

## WHAT WILL THE CHILDREN LEARN IN PRIMARY 2?

**(In line with Education Scotland Health & Well-being benchmarks)**

- How to co-operate and share with others.
- Why friends are important
- That we are all different and unique and have some similarities.
- That it is important to get along with others.
- What rules and manners mean.
- How to use positive verbal and body language.
- Who to talk to if worried.
- That all families are different and to respect this.
- Children should be cared for in a certain way by certain people.
- That sometimes we need privacy and others too.
- How to express ourselves appropriately.
- Respect for self and others.
- The names of external body parts (heads, shoulders etc)
- That as we grow, our bodies grow.
- The importance of washing hands.
- That germs can lead to illness.
- That different living things have different life cycles.
- Some of the tasks required to look after a baby.