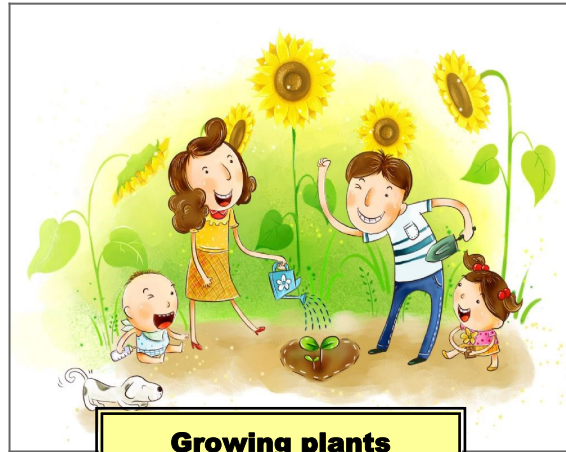


Life Cycles in Science



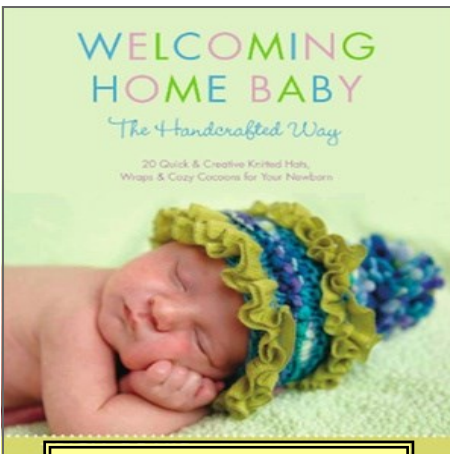
Growing plants



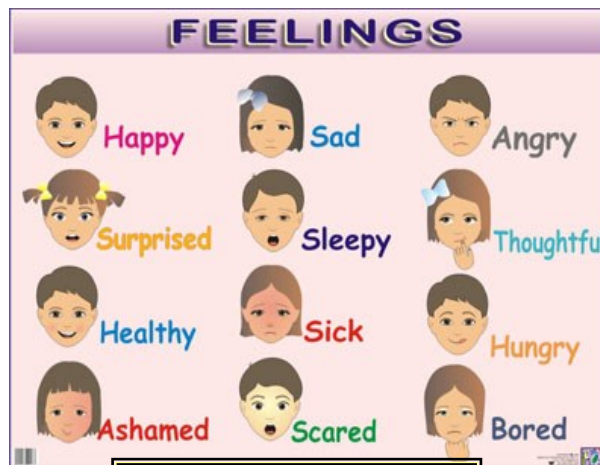
Hygiene



Science



Religions Education

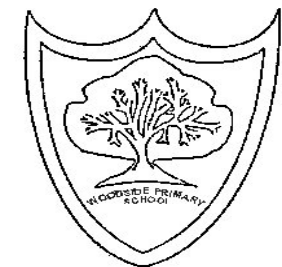


Emotional wellbeing

Curriculum for Excellence
 Relationships, Sexual
 Health and Parenthood
 Parent Information
 Leaflet
PRIMARY 1



**WOODSIDE
 PRIMARY
 SCHOOL**



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RELATIONSHIPS, SEXUAL HEALTH AND PARENTHOOD

LEARNERS DEVELOP AN UNDERSTANDING OF HOW TO MAINTAIN POSITIVE RELATIONSHIPS WITH A VARIETY OF PEOPLE AND ARE AWARE OF HOW THOUGHTS, FEELINGS, ATTITUDES, VALUES AND BELIEFS CAN INFLUENCE DECISIONS ABOUT RELATIONSHIPS, AND SEXUAL HEALTH.

(CURRICULUM FOR EXCELLENCE HEALTH AND WELLBEING)



EARLY LEVEL EXPERIENCES AND OUTCOMES (P1)

I am aware of how friendships are formed and that likes, dislikes, special qualities and needs can influence relationships.

I understand positive things about friendships and relationships but when something worries or upsets me I know who I should talk to.

I know that there are people in our lives who care for and look after us and I am aware that people may be cared for by parents, carers or other adults.

I am aware of the need to respect personal space and boundaries and can recognise and respond appropriately to verbal and non-verbal communication.

I recognise that we have similarities and differences but are all unique.

I am aware of my growing body and I am learning the correct names for its different parts and how they work.

I am learning what I can do to look after my body and who can help me.

I am learning about respect for my body and what behaviour is right and wrong. I know who I should talk to if I am worried about this.

I am learning about where living things come from and about how they grow, develop and are nurtured.

I am able to show an awareness of the tasks required to look after a baby.

WHAT WILL THE CHILDREN LEARN IN PRIMARY 1?

(In line with Education Scotland Health & Well-being benchmarks)

How to co-operate and share with others and the importance of getting along together.

Why friends are important

That we are all different and unique and have some similarities.

What rules and manners mean.

How to use positive verbal and body language and how to express ourselves appropriately.

Who to talk to if worried.

That all families are different and to respect this.

Children should be cared for in a certain way by certain people.

That sometimes we need privacy and others do too.

Respect for self and others.

The names of external body parts (heads, shoulders, penis, testicles, vulva, nipples etc)

That as we grow, our bodies grow.

The importance of washing hands and that germs can lead to illness.

That different living things have different life cycles.

Some of the tasks required to look after a baby.