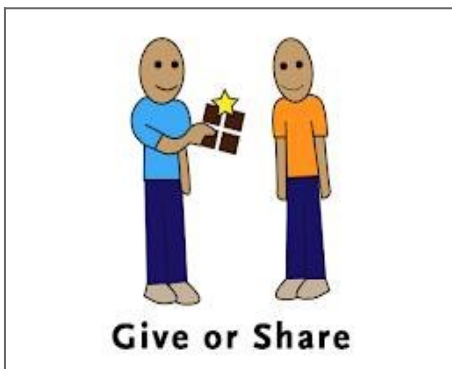


**Life Cycles in Science**

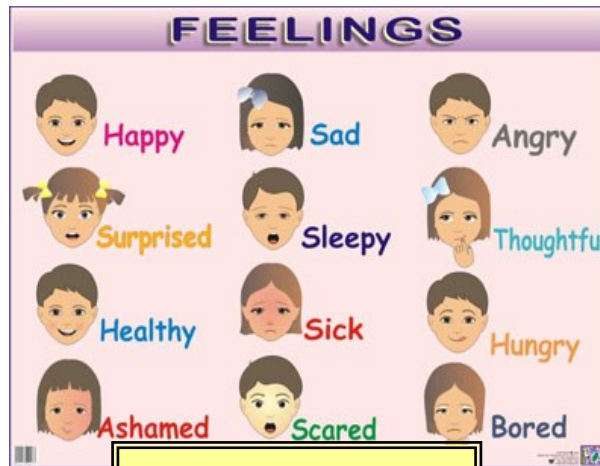


**Hygiene**

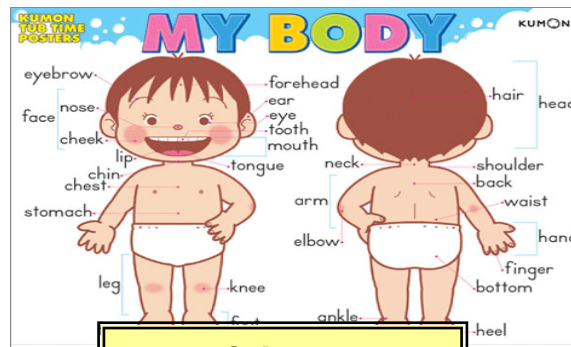


**Give or Share**

**Religions Education**



**Emotional wellbeing**



**Science**

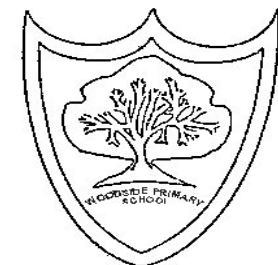


**Friendships and relationships**

Curriculum for Excellence  
 Relationships, Sexual  
 Health and Parenthood  
 Parent Information  
 Leaflet  
 PRIMARY 3



**WOODSIDE  
 PRIMARY**



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## RELATIONSHIPS, SEXUAL HEALTH AND PARENTHOOD

**LEARNERS DEVELOP AN UNDERSTANDING OF HOW TO MAINTAIN POSITIVE RELATIONSHIPS WITH A VARIETY OF PEOPLE AND ARE AWARE OF HOW THOUGHTS, FEELINGS, ATTITUDES, VALUES AND BELIEFS CAN INFLUENCE DECISIONS ABOUT RELATIONSHIPS, AND SEXUAL HEALTH.**

(CURRICULUM FOR EXCELLENCE HEALTH AND WELLBEING)



### FIRST LEVEL EXPERIENCES AND OUTCOMES (P3)

I am aware of how friendships are formed and that likes, dislikes, special qualities and needs can influence relationships.

I understand positive things about friendships and relationships but when something worries or upsets me I know who I should talk to.

I know that there are people in our lives who care for and look after us and I am aware that people may be cared for by parents, carers or other adults.

I know that there are different types of love. (e.g. parents, families and pets)

I am aware of the need to respect personal space and boundaries and can recognise and respond appropriately to verbal and non-verbal communication.

I recognise that we have similarities and differences but are all unique.

I am aware of my growing body and I am learning the correct names for its different parts and how they work.

I am learning what I can do to look after my body and who can help me.

I am learning about respect for my body and what behaviour is right and wrong. I know who I should talk to if I am worried about this.

I am learning about where living things come from and about how they grow, develop and are nurtured.

I am able to show an awareness of the tasks required to look after a baby.

### WHAT WILL THE CHILDREN LEARN IN PRIMARY 3?

**(In line with Education Scotland Health & Well-being benchmarks)**

How to co-operate and share with others.

How and why friends are important.

Recognising and dealing with different emotions.

Importance of keeping clean and role of germs in spreading illness.

That all families are different and to respect this.

There are different types of love.

Why personal space is important to self and others.

There are differences between males and females; that some body parts are the only way to determine this using anatomical names 'penis' and 'vagina'.

A common language to discuss body parts will be used.

That natural life cycles exist.

Some of the tasks required to look after a baby and how we can help.