

## Three week menu 2020-21

Week one	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Blue meal</b>	Spaghetti bolognaise with crusty bread and cut green beans	Cheese and tomato pizza/pasta combo with sweetcorn (v)	Turkey meatballs with mashed potatoes, gravy and peas	Sausage in finger roll with wedges and beans	Fish fingers with chips and beans
<b>Red meal</b>	Homemade sausage pastry with mashed potatoes and beans	Macaroni cheese with pitta bread strips and broccoli (v)	Cheese beano with coleslaw (v)	Chicken in a bun with wedges and sweetcorn	Salmon nibbles with sweet chilli noodles and sliced carrots
<b>Green meal*</b>	Freshly made tuna mayo baguette with side salad	Freshly made chicken baguette with side salad	Freshly made ham baguette with side salad	Freshly made ham sandwich with side salad	Tuna mayo pasta pot with side salad
<b>Yellow meal</b>	Homemade sausage pastry with mashed potatoes and beans (v)	Firecracker pizza with sweetcorn (v)	Vegetable curry with boiled rice, naan bread and peas (v)	Quorn dippers with wedges and sweetcorn (v)	Baked potato with beans (v)
<b>Pick and Mix**</b>	Fresh fruit Lentil soup Banana sponge	Fresh fruit Breadsticks and dip Yoghurt	Fresh fruit Tomato soup Flapjack	Fresh fruit Breadsticks and dip Yoghurt	Fresh fruit Cucumber batons with dip Banana sponge

Week two	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Blue meal</b>	Chicken curry with boiled rice, naan bread and peas	Spaghetti bolognaise with crusty bread and cut green beans	Scottish beef filled Yorkshire with baby potatoes and carrot and turnip mash	Cheese and tomato pizza (v) with wedges and sweetcorn	Fish and chips with beetroot
<b>Red meal</b>	Cheese toastie with sweetcorn (v)	Sausage with mashed potatoes and beans	Macaroni cheese with pitta bread strips and peas (v)	Quorn dippers with wedges and country mixed vegetables (v)	Turkey meatballs in gravy with chips and peas
<b>Green meal*</b>	Freshly made cheese baguette with side salad (v)	Freshly made chicken sandwich with side salad	Freshly made ham sandwich with side salad	Freshly made ham baguette with side salad	Tuna mayo pasta pot with side salad
<b>Yellow meal</b>	Vegetable curry with boiled rice, naan bread and sweetcorn (v)	Spaghetti bolognaise with crusty bread and cut green beans (v)	Macaroni cheese with pitta bread strips and peas (v)	Cheese and tomato pizza with wedges and sweetcorn (v)	Baked potato with ratatouille (v)
<b>Pick and Mix**</b>	Fresh fruit Breadsticks and dip Yoghurt	Fresh fruit Lentil soup Plain cookie	Fresh fruit Breadsticks and dip Yoghurt	Fresh fruit Tomato soup Carrot and orange sponge	Fresh fruit Carrot and orange sponge Yoghurt

Week three	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Blue meal</b>	Chicken curry with boiled rice, naan bread and peas	Cheese and tomato pizza with wedges and coleslaw (v)	Steak pie with baby potatoes and country mixed vegetables	Homemade sausage pastry with mashed potatoes and beans	Fish fingers with chips and beetroot
<b>Red meal</b>	Macaroni cheese with pitta bread strips and broccoli (v)	Sweet and sour chicken with rice and sweetcorn	Quorn dippers with savoury rice and country mixed vegetables (v)	BBQ chicken flatbread with sweetcorn	Meatballs pasta bake and peas
<b>Green meal*</b>	Freshly made tuna baguette with side salad	Freshly made chicken sandwich with side salad	Freshly made ham baguette with side salad	Freshly made ham sandwich with side salad	Tuna mayo pasta pot with side salad
<b>Yellow meal</b>	Vegetable curry with boiled rice, naan bread and peas (v)	Cheese and tomato pizza with wedges and coleslaw (v)	Quorn dippers with savoury rice and country mixed vegetables (v)	Homemade sausage pastry with mashed potatoes and beans (v)	Baked potato with beans or cheese (v)
<b>Pick and Mix**</b>	Fresh fruit Lemon sponge Yoghurt	Fresh fruit Breadsticks and dip Yoghurt	Fresh fruit Lentil soup Chocolate muffin	Fresh fruit Breadsticks and dip Yoghurt	Fresh fruit Tomato soup Lemon sponge

\*Sandwiches with tuna mayo or cheese are available daily. \*\*All meals come with your choice of 2 items from the Pick and Mix selection. Unlimited freshly tossed salad, bread and water is available with all meals.

## Standby menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Red meal Packed lunch 1</b>	Cheese sandwiches with cucumber batons and dip side (v)	Chicken baguette with potato salad side	Ham sandwiches with carrot batons and dip side	Ham baguette with coleslaw side	Cheese baguette with fruit salad side (v)
<b>Green meal Packed lunch 2</b>	Tuna sandwiches with cucumber batons and dip side	Cheese baguette with potato salad side (v)	Tuna sandwiches with carrot batons and dip side	Cheese baguette with coleslaw side (v)	Tuna baguette with fruit salad side
<b>Yellow meal Packed lunch 3</b>	Chicken mayo (Quorn) flatbread with cucumber batons and dip side (v)	Tomato pasta pot with potato salad side (v)	Cheese sandwiches with carrot batons and dip side (v)	Coronation chicken (Quorn) wrap with coleslaw side (v)	Cheesy mayo pasta pot with fruit salad side (v)
<b>All meals include</b>	Fresh fruit Frubes Yoghurt	Fresh Fruit Banana sponge	Fresh Fruit Frubes Yoghurt	Fresh Fruit Flapjack	Fresh Fruit Frubes Yoghurt

<b>Week 1</b>		2/11	23/11	14/12	4/01	25/01	15/02	8/03	29/03
<b>Week 2</b>		9/11	30/11	21/12	11/01	1/02	22/02	1/03	
<b>Week 3</b>	26/10	16/11	7/12		18/01	8/02	1/03	22/03	