

Primary school classroom planner menu guide 2023-2024



Week one	Monday	Tuesday	Wednesday	Thursday	Friday
Blue meal	Southern fried chicken poppers with noodles and peas	Cheese and tomato pizza with wedges and sweetcorn (v)	Chicken curry with rice and broccoli	Sausage pastry with mash and beans	Fish fingers with chips, tomato sauce and cut green beans
Red meal	Arrabiata pasta with garlic bread and peas (v)	Chicken grill in a bun with wedges, tomato sauce and sweetcorn	Macaroni cheese and broccoli (v)	Toasted cheesy beano (v)	Quorn dippers with chips, tomato sauce and cut green beans (v)
Green meal*	Tuna mayo sandwich with cucumber batons	Salmon pasta pot with sweetcorn	Ham baguette with carrot batons	Turkey sandwich with mixed pepper batons	Chicken roll with cucumber batons
Included with all meals	Fresh fruit selection Ice cream Side salad	Fresh fruit selection Chicken noodle soup with crusty bread** Side salad	Fresh fruit selection Breadsticks Side salad	Fresh fruit selection Jelly Side salad	Fresh fruit selection Banana sponge Side salad

Week two	Monday	Tuesday	Wednesday	Thursday	Friday
Blue meal	Penne bolognese with carrots	Cheese and tomato pizza with noodles and sweetcorn (v)	Steak pie with baby boiled potatoes and carrots	Beef burger with wedges, tomato sauce and beans	Fish fingers with chips, tomato sauce and peas
Red meal	Vegetable nuggets with wedges and carrots (v)	Chicken pasta bake with sweetcorn	Chilli con carne with rice and carrots (v)	Baked potato with cheese and beans (v)	Chicken fried rice with peas
Green meal*	Cheese baguette with cucumber batons (v)	Tuna mayo roll with sweetcorn	Chicken baguette with grated carrot	Ham baguette with mixed pepper batons	Cheese roll with cucumber and tomato salad (v)
Included with all meals	Fresh fruit selection Tomato soup with crusty bread Side salad	Fresh fruit selection Ice cream Side salad	Fresh fruit selection Iced sponge Side salad	Fresh fruit selection Lentil soup with crusty bread Side salad	Fresh fruit selection Chocolate cookie Side salad

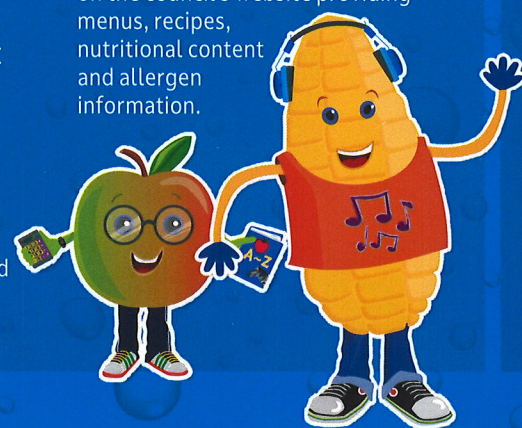
Week three	Monday	Tuesday	Wednesday	Thursday	Friday
Blue meal	Savoury mince with mashed potatoes and broccoli	Cheese and tomato pizza with chips and sweetcorn (v)	Sausage in a finger roll with tomato sauce, wedges and beans	Chicken curry with rice and carrots	Fish with chips, tomato sauce and peas
Red meal	Macaroni cheese with broccoli (v)	Chicken meatballs in tomato sauce with spaghetti and sweetcorn	Cheese toastie with beans (v)	Arrabiata pasta with garlic bread and carrots (v)	Katsu dippers with wedges and peas (v)
Green meal*	Tuna mayo wrap with cucumber batons	Cheese baguette with sweetcorn (v)	Ham baguette with mixed pepper batons	Turkey roll with carrot batons	Chicken baguette with cucumber and tomato salad
Included with all meals	Fresh fruit selection Chicken noodle soup with crusty bread** Side salad	Fresh fruit selection Jelly Side salad	Fresh fruit selection Vegetable soup with crusty bread Side salad	Fresh fruit selection Chocolate cookie Side salad	Fresh fruit selection Yoghurt Side salad

Fresh food you can trust made daily in our schools by fully trained catering professionals

Food Pledge

- Our dishes are freshly prepared daily in schools by our accredited catering staff.
- We will continuously endeavour to increase the amount of farm assured and red tractor food we use.
- Our meals are free from undesirable additives and Trans fats with no genetically modified ingredients.
- All our milk comes from Scottish farms.
- All menus are planned using seasonal produce.
- All of our meat can be traced back to a Scottish or UK farm.
- We do not serve any endangered fish due to the fish we procure being MSC accredited.
- We put in place measures to continuously reduce food waste and packaging to meet the council's sustainability targets.
- We train our catering employees to provide food and health guidance and become actively involved in food education activities.

- We developed an information platform on the council's website providing menus, recipes, nutritional content and allergen information.



(v) Suitable for a vegetarian diet.

*Sandwiches with tuna mayo or cheese (v) are available daily.

**Breadsticks will be available to replace chicken noodle soup for vegetarian diets.

Week 1	28/08	18/09	09/10	30/10	20/11	11/12		22/01	12/02	04/03	25/03	15/04	06/05	27/05	17/06		19/08
Week 2	04/09	25/09		06/11	27/11	18/12	08/01	29/01	19/02	11/03		22/04	13/05	03/06	24/06		
Week 3	11/09	02/10	23/10	13/11	04/12		15/01	05/02	26/02	18/03		29/04	20/05	10/06			12/08

If you need this information in another language or format, please contact us to discuss how we can best meet your needs.
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www.southlanarkshire.gov.uk

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