



Week one	Monday	Tuesday	Wednesday	Thursday	Friday
Alan Apple's Starter	Lentil soup (v) (ve)	Fresh fruit selection	Breadsticks (v) (ve)	Fresh fruit selection	Fresh fruit selection
Chris Corn's Blue Tray	Chicken curry with rice and sweetcorn	Cheese and tomato pizza with potato croquettes and broccoli (v)	Creamy chicken pasta with peas	Sausage in a finger roll with wedges, tomato sauce and carrots	Fish fingers and chips with tomato sauce and peas
Sally Strawberry's Red tray	Cheddar cheese toastie with sweetcorn salad (v)	Arrabiata pasta with broccoli (v) (ve)	Vegetarian sausage pastry with diced potatoes and beans (v)	Baked potato with beans and cheese (v)	Quorn dippers with potato croquettes, tomato sauce and peas (v)
Colin Carrot's Sandwich selection	Cheese or tuna sandwich with cucumber batons	Cheese or tuna sandwich with carrot batons	Cheese or tuna sandwich or ham sandwich with cucumber batons	Cheese or tuna sandwich with pepper batons	Cheese or tuna sandwich with carrot batons
Paula Pineapple's Dessert	Fresh fruit selection	Jam and coconut sponge (v)	Fresh fruit selection	Half and half cookie (v)	Yoghurt (v)
Week two	Monday	Tuesday	Wednesday	Thursday	Friday
Alan Apple's Starter	Corn on the cob (v) (ve)	Chicken noodle soup*	Fresh fruit selection	Fresh fruit selection	Fresh fruit selection
Chris Corn's Blue Tray	Beef mince burrito with carrots	Cheese and tomato pizza with wedges and sweetcorn (v)	Pork meatball rice bowl with carrots	Chicken poppers on finger roll with diced potatoes, tomato sauce and broccoli	Fish and chips with tomato sauce and peas
Sally Strawberry's Red tray	Macaroni cheese with carrots (v)	Lasagne with crusty bread and sweetcorn	Arrabiata pasta with carrots (v) (ve)	Spaghetti and meatballs in tomato sauce with broccoli (v) (ve)	Southern fried nuggets with roast potatoes, tomato sauce and peas (v) (ve)
Colin Carrot's Sandwich selection	Cheese or tuna sandwich with pepper batons	Cheese or tuna sandwich with cucumber batons	Cheese or tuna sandwich or ham sandwich with pepper batons	Cheese or tuna sandwich with cucumber batons	Cheese or tuna sandwich with pepper batons
Paula Pineapple's Dessert	Fresh fruit selection	Fresh fruit selection	Iced sponge (v)	Jelly (v) (ve)	Tiffin (v)
Week three	Monday	Tuesday	Wednesday	Thursday	Friday
Alan Apple's Starter	Lentil soup (v) (ve)	Fresh fruit selection	Fresh fruit selection	Minestrone soup (v) (ve)	Fresh fruit selection
Chris Corn's Blue Tray	Chicken goujons with potato croquettes and sweetcorn	Cheese and tomato pizza with pasta and peas (v)	Steak pie with roast potatoes and carrots	Sausage pastry with mash and beans	Fish fingers and chips with tomato sauce and peas
Sally Strawberry's Red tray	Finger roll frankfurter with potato croquettes, tomato sauce and sweetcorn (v)	Salmon nibbles with wedges and peas	Tomato and herb spaghetti with crusty bread and carrots (v)	Beans on toast (v) (ve)	Katsu dippers with rice and peas (v)
Colin Carrot's Sandwich selection	Cheese or tuna sandwich with cucumber batons	Cheese or tuna sandwich with carrot batons	Cheese or tuna sandwich or ham sandwich with cucumber batons	Cheese or tuna sandwich with carrot batons	Cheese or tuna sandwich with cucumber batons
Paula Pineapple's Dessert	Fresh fruit selection	Chocolate sponge and custard (v)	Ice cream (v)	Fresh fruit selection	Jelly (v) (ve)

Becky Broccoli's additional information

*For vegetarian diet breadsticks will be served.
Fresh salad is available each day for children to choose from.
Fresh chilled drinking water is available with lunch everyday.
Milk cartons can be purchased everyday through the ParentPay system.

Food Pledge

- Our dishes are freshly prepared daily in schools by our accredited catering staff.
- We will continuously endeavour to increase the amount of farm assured and red tractor food we use.
- Our meals are free from undesirable additives and Trans fats with no genetically modified ingredients.
- All our milk comes from Scottish farms.
- All menus are planned using seasonal produce.
- All of our meat can be traced back to a Scottish or UK farm.
- We do not serve any endangered fish due to the fish we procure being MSC accredited.
- We put in place measures to continually reduce food waste and packaging to meet the council's sustainability targets.
- We train our catering employees to provide food and health guidance and become actively involved in food education activities.
- We developed an information platform on the council's website providing menus, recipes, nutritional content and allergen information.

Fresh food you can trust made daily in our schools by fully trained catering professionals

(v) Suitable for a vegetarian diet.
(ve) Suitable for a vegan diet.

Week 1	25/08	15/09	06/10	27/10	17/11	08/12		19/01	09/02	02/03	23/03		04/05	25/05	15/06		17/08
Week 2	01/09	22/09		03/11	24/11	15/12	05/01	26/01	16/02	09/03	30/03	20/04	11/05	01/06	22/06		
Week 3	08/09	29/09	20/10	10/11	01/12		12/01	02/02	23/02	16/03		27/04	18/05	08/06			10/08

If you need this information in another language or format, please contact us to discuss how we can best meet your needs.
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