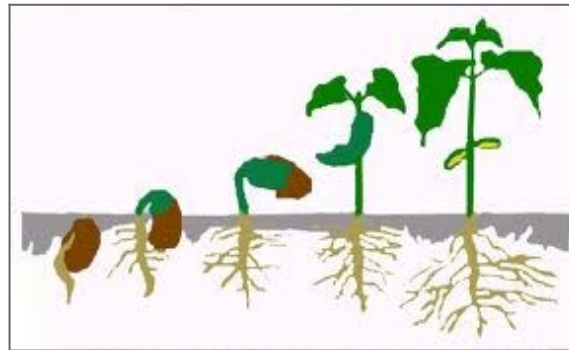


Life Cycles in Science



Growing plants



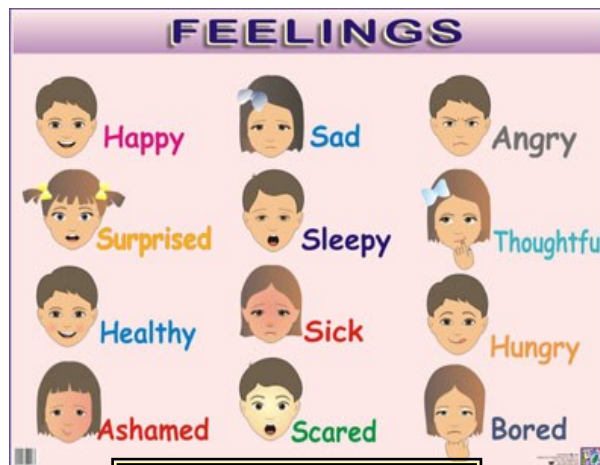
Nutrition



Body Systems Science



Religious Education



Emotional wellbeing

Curriculum for Excellence
 Relationships, Sexual
 Health and Parenthood
 Parent Information
 Leaflet
 PRIMARY 4



**WOODSIDE
 PRIMARY
 SCHOOL**



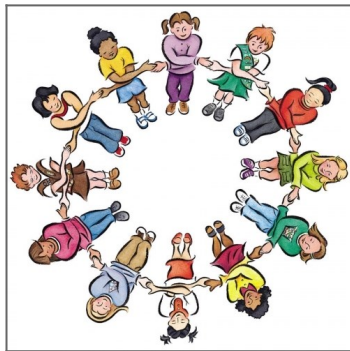
Email: office@woodside-pri.s-lanark.sch.uk



RELATIONSHIPS, SEXUAL HEALTH AND PARENTHOOD

LEARNERS DEVELOP AN UNDERSTANDING OF HOW TO MAINTAIN POSITIVE RELATIONSHIPS WITH A VARIETY OF PEOPLE AND ARE AWARE OF HOW THOUGHTS, FEELINGS, ATTITUDES, VALUES AND BELIEFS CAN INFLUENCE DECISIONS ABOUT RELATIONSHIPS, AND SEXUAL HEALTH.

(CURRICULUM FOR EXCELLENCE HEALTH AND WELLBEING)



FIRST LEVEL EXPERIENCES AND OUTCOMES (P4)

I am aware of how friendships are formed and that likes, dislikes, special qualities and needs can influence relationships.

I understand positive things about friendships and relationships but when something worries or upsets me I know who I should talk to.

I know that there are people in our lives who care for and look after us and I am aware that people may be cared for by parents, carers or other adults.

I am aware of the need to respect personal space and boundaries and can recognise and respond appropriately to verbal and non-verbal communication.

I recognise that we have similarities and differences but are all unique.

I am aware of my growing body and I am learning the correct names for its different parts and how they work.

I am learning what I can do to look after my body and who can help me.

I am learning about respect for my body and what behaviour is right and wrong. I know who I should talk to if I am worried about this.

I am learning about where living things come from and about how they grow, develop and are nurtured.

I am able to show an awareness of the tasks required to look after a baby.

WHAT WILL THE CHILDREN LEARN IN PRIMARY 4?

(In line with Education Scotland Health & Well-being benchmarks)

Co-operation and sharing with others.

How and why friends are important and how this can change.

How we are special.

Recognising and dealing with emotions.

Difference between public and private

Why families are important, that they can be different and to respect this.

Who can help and look after us.

How we grow and change in different ways.

The correct language for body parts (including genitals, womb, scrotum and ovaries) and can explain their main function.

Keeping clean and healthy.

Timescales of growth varies between different lifecycles.

Some of the tasks required to look after a baby and the nutritional value of breast milk.