

Experiences and Outcomes		Benchmarks Suggested Online Resources	Learning Intentions / Success Criteria
Relationships, sexual health and parenthood	<p>I recognise that we have similarities and differences but are all unique.</p> <p>HWB 0-47a</p> <p>(HWB 0-10)</p>	<p>☐ Identifies body differences and similarities.</p>	<p>☐ I recognise that people are individual and unique.</p> <ul style="list-style-type: none"> • I can give examples of similarities and differences in my group.

Physical changes	<p>I am aware of my growing body and I am learning the correct names for its different parts and how they work.</p> <p>HWB 0-47b</p>	<ul style="list-style-type: none"> Describes how bodies change as they grow. Identifies body parts using correct names, for example, penis, testicles, vulva and nipples. https://rshp.scot/wp-content/uploads/2019/08/My-Body-Early-Level.pdf 	<ul style="list-style-type: none"> I am beginning to understand that treating someone badly/poorly based on a difference is not okay. I understand that everybody has different special qualities.
	<p>I am learning what I can do to look after my body and who can help me.</p> <p>HWB 0-48a</p>	<ul style="list-style-type: none"> Demonstrates modesty and privacy through, for example, closing toilet doors. Manages personal space with respect towards self and others. 	<ul style="list-style-type: none"> I know that there are parts of our body that are the same as others and parts that are different such as colour of hair, eyes, skin, height, size and weight. I know that all of us have differences which make us unique.
Sexual health and sexuality	<p>I am learning about respect for my body and what behaviour is right and wrong. I know who I should talk to if I am worried about this.</p> <p>HWB 0-49a</p>	<ul style="list-style-type: none"> Demonstrates an understanding of the concept, 'my body belongs to me'. <p>https://rshp.scot/wp-content/uploads/2019/08/My-BodyBelongs-to-Me-Early-Level.pdf</p>	<ul style="list-style-type: none"> I know my body changes as I grow I know that external body parts have names
	<p>I know that there are people in our lives who care for and look after us and I am aware that people may be cared for by parents, carers or other adults.</p> <p>HWB 0-45a</p> <p>(HWB 0-44a, HWB 0 – 44b)</p>	<p>https://rshp.scot/wp-content/uploads/2019/08/Personal-Spaceand-Privacy-Early-Level.pdf</p>	<ul style="list-style-type: none"> I am beginning to know that some parts of my body are private I understand that there are differences between boys and girls. I understand that my body is mine. I understand about personal space. I am beginning to understand what private means and when privacy is necessary. I am beginning to know that some parts of my body are private. I am beginning to understand about respect for my body.

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Role of
parent/carer

I am learning about where living things come from and about how they grow, develop and are nurtured.

0-50a

(SCN 0-1a / 3a)

I am able to show an awareness of the tasks required to look after a baby.

HWB 0-51a

HWB

- Recognises and communicates uncomfortable feelings in relation to a person or situation using, for example, the 3-step model: say no, go away, talk to someone you trust.

<https://rshp.scot/wp-content/uploads/2019/08/When-I-feelsad-or-upset-Early-Level.pdf>

- Identifies people who can help, for example, teachers, family members.
- Recognises that care can come from a variety of different people.
- Identifies that families may be made up of different people.

<https://rshp.scot/wpcontent/uploads/2019/08/UniqueSimilar-and-Different-EarlyLevel.pdf>

<https://rshp.scot/wpcontent/uploads/2019/08/Peoplewho-help-and-look-after-me-EarlyLevel.pdf>

- Gives examples of where living things

- I can explain basic hand cleaning and dental care routines.

- I know why keeping clean is important and how to take responsibility for some of this.

- I am beginning to understand about touching and what is appropriate and what isn't.

- I am learning how to react if I feel uncomfortable with someone.

- I know who can help me and keep me safe and who I can talk to if I am worried.

- I am beginning to understand about appropriate closeness and touch with different people.

- I am learning how to react if I feel uncomfortable with someone.

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| | | | <ul style="list-style-type: none">• I know that I have a right to be cared for in certain ways and why this is important• I am beginning to understand that my body and mind both need to be looked after.• I know who can help me and keep me safe and who I can talk to if I am worried. |
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	<p>come from, for example, plants from seeds, fish from eggs.</p> <ul style="list-style-type: none">• Explains that living things need food, water and care to grow and survive. https://rshp.scot/wp-content/uploads/2019/08/Looking-afterplants-and-animals-Early-Level.pdf <p>• Describes the basic needs of a baby, for example, eye contact, cuddling, washing, changing, feeding, sleeping. □</p> <p>https://rshp.scot/wp-content/uploads/2019/09/Pregnancy and Looking-after-a-baby-EarlyLevel.pdf</p>	<ul style="list-style-type: none">• I understand that families are made up of lots of different people who care for us. • I can think about my own family.• I know that I have a right to be cared for in certain ways and why this is important.• I know that care can be different and come from different people.• I understand there are lots of types of family.• I appreciate that everyone comes from different kinds of families.• I am learning to respect how people's lives are different.• I am learning that adults have different roles to play in helping us such as parent, carer, teacher, doctor.• I know that I have a right to be cared for in certain ways and why this is important.• I know that care can be different and come from different people.I am beginning to co-operate and share with others.• I am beginning to understand why friends are important. • I am developing friendships.• I know that it is important to get along with others.• I am learning what manners are and why they are important. • I am learning to listen to others.• I am learning how to use positive verbal and body language.
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			<ul style="list-style-type: none"> • I understand that different living things have different needs. • I understand and can name the life cycles of some plants and animals. • I am beginning to learn what is the same and what is different about life cycles. • I understand that some animals rely on a parent/carer for food. • I am beginning to relate some of this learning to myself and can discuss. <ul style="list-style-type: none"> □ I understand that all humans are part of a life cycle with different stages. • I know, understand and can discuss some of a baby's basic needs such as feeding, changing, washing, cuddling and sleeping. • I can demonstrate some basic skills needed to look after a baby.
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