

Woodside Primary School

RSHP Planners

First Level 2024 P3

Experiences and Outcomes	Benchmarks Suggested Online Resources	Learning Intentions / Success Criteria
<p>Relationships, sexual health and parenthood</p> <p>Physical changes</p>	<p>Responsibility of All</p> <p>https://rshp.scot/wp-content/uploads/2019/08/Part-2.-Kindnessand-Empathy.pdf</p> <p>https://glowscotland-my.sharepoint.com/:b/g/personal/gw08oneillrobbie2_glow_sch_uk/Ee_aN6QvEFhJgatGZLPYRcUBzB3V71Kz0WX8hBsfcOUQmQ?e=0LuevR</p> <p>https://rshp.scot/wp-content/uploads/2019/07/Part-2.Feeling-Safe-Activity-plan.pdf</p> <p>https://glowscotland-my.sharepoint.com/:b/g/personal/gw08oneillrobbie2_glow_sch_uk/Ee56r14MPqNJo_H1Df6u1tUBlgTzZohH6hJt6KcFbzBjNQ?e=K98KP6</p> <p>https://www.youtube.com/watch?v=KyTqFe55bwg&feature=youtu.be</p>	<ul style="list-style-type: none"> I can talk about how to make and sustain friendships. I understand the importance of kindness and empathy. I understand that friends have disagreements and can think of positive ways to cope and respond. I can communicate my feelings. I can discuss friendships and relationships. I know who can help me and keep me safe and who

I am aware of how friendships are formed and that likes, dislikes, special qualities and needs can influence relationships.

HWB 1-44a

I understand positive things about friendships and relationships but when something worries or upsets me I know who I should talk to.

HWB 1-44

Responsibility of All

<https://rshp.scot/wp-content/uploads/2019/08/Part-2.-Kindnessand-Empathy.pdf>

https://glowscotland-my.sharepoint.com/:b/g/personal/gw08oneillrobbie2_glow_schuk/Ee_aN6QvEFhJgatGZLPYRcUBzB3V71Kz0WX8hBsfcOUQmQ?e=0LuevR

<https://rshp.scot/wp-content/uploads/2019/07/Part-2.Feeling-Safe-Activity-plan.pdf>

https://glowscotland-my.sharepoint.com/:b/g/personal/gw08oneillrobbie2_glow_schuk/Ee56r14MPqNJo_H1Df6u1tUBlgTzZohH6hJt6KcFbzBjNQ?e=K98KP6

<https://www.youtube.com/watch?v=KyTqFe55bwg&feature=youtu.be>

- I can talk about how to make and sustain friendships.
- I understand the importance of kindness and empathy.
- I understand that friends have disagreements and can think of positive ways to cope and respond.
- I can communicate my feelings.
- I can discuss friendships and relationships.
- I know who can help me and keep me safe and who

Sexual health and sexuality

I recognise that we have similarities and differences but are all unique.

HWB 1-47a

- Recognises that everyone is unique and identifies similarities and differences.
- Explains that development and growth of each individual is different.

<https://rshp.scot/wp-content/uploads/2019/08/Part-2.We-are-Similar-and-Different-Activity-plan.pdf>

<https://rshp.scot/wp-content/uploads/2019/07/Part-2.-We-are-Similar-and-Different-Prop-1.pdf>

<https://www.youtube.com/watch?v=St6t1WvbysU&feature=youtu.be>

<https://www.inspiringthefuture.org/redraw-the-balance/>

I am aware of my growing body and I am learning the correct names for its different parts and how they work.

HWB 1-47b

- Identifies the correct words for body parts and their functions, for example, penis, testicles and vulva.
- Explains about own and others' needs for privacy.
- Expresses feelings through appropriate closeness to others.

<https://rshp.scot/wp-content/uploads/2019/08/Part-2.-Private-and-thePANTS-rule-Activity-plan.pdf>

https://glowscotland-my.sharepoint.com/:b:/g/personal/gw08oneillrobbie2_glow_sch_uk/EVTEtEd5b3IEuhOcRi7BjU8BIRTiWOsgDw3yGo_JWRoEmQ?e=FTmWbD

<https://rshp.scot/wp-content/uploads/2019/08/Keeping-clean.pdf>
<https://www.youtube.com/watch?v=jQ2e0KH5Wrl&feature=youtu.be>

I am learning what I can do to look after my body and who can help me.

HWB 1-48a

I can give examples of what makes me a unique individual. • I show respect for others.

- I understand that a child with a disability is a child first.

- I can explain that parts of my body are private and that this applies to others too.

- I can explain that my body belongs to me.
- I can say who I would go to if I have a question or worry

- I can talk about why keeping clean/hygiene is important to health.

- I can describe what I can do to maintain personal hygiene, including washing my hands and when I go to the toilet.

	<p>I am learning about respect for my body and what behaviour is right and wrong. I know who I should talk to if I am worried about this.</p> <p>HWB 1-49a</p> <p>I know that there are people in our lives who care for and look after us and I am aware that people may be cared for by parents, carers or other adults.</p> <p>HWB 1-45a</p> <p>I am learning about where living things come from and about how they grow, develop and are nurtured.</p> <p>HWB 1-50a Science links</p>	<ul style="list-style-type: none"> • Articulates the right to respond to inappropriate behaviours, for example, using the 3-step model: say no, go away, talk to someone you trust. • Identifies who to talk to if worried or concerned. • Explains ways in which families may differ and that there are a variety of people who may care for us. <p>https://rshp.scot/wp-content/uploads/2019/08/Part-2.When-I-have-a-question-or-worry.pdf</p> <p>https://glowscotland-my.sharepoint.com/:b:/g/personal/gw08oneillrobbie2_glow_sch_uk/EYacDrSD8INHnPcpb7OneIBnkCbUrRpgUsOf0ZC7rGC2w?e=60x0UK</p> <p>https://www.youtube.com/watch?v=CDrnuPj7xfs</p> <ul style="list-style-type: none"> • Explains changes to the body at different stages of life. • Identifies what is needed for growth and development of animals, plants and humans. <p>https://rshp.scot/wp-content/uploads/2019/07/Part-2.-Learning-about-Life-Cycles.pdf</p> <p>https://glowscotlandmy.sharepoint.com/:b:/g/personal/gw08oneillrobbie2_glow_sch_uk/EbNMlpA5jP5MhBzg3M5B27YBzMsWByNbajeEaJQe2Jtlpg?e=80Bylw</p>	<ul style="list-style-type: none"> • Children know that there are adults in their lives who care for them and look after them. • Children understand that who these adults are can be different for children. • Children understand that care can be physical and emotional. • I can identify the adults in my life who care for me and look after me. • I can talk about how adults care and look after me. I can name who I can go to with a question or a worry • I can sequence the life cycle of specific animals. I can investigate factors that affect the growth and development of living things.
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	I am able to show an awareness of the		
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Role of parent/carer	tasks required to look after a baby. HWB 1-51a Link with Instructional Writing	□ Explains how to meet the basic needs of a baby, for example, eye contact, cuddling, washing, changing, feeding. https://rshp.scot/wp-content/uploads/2019/07/Part-3.Looking-after-pets.pdf https://www.youtube.com/watch?v=FOLP8p0jSoA&feature=youtu.be	• I understand the responsibilities of pet ownership. • I can describe how to care for a pet. • I am beginning to understand and describe the things I need as a child to grow and develop.
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