

Woodside Primary School

RSHP Planners

Second Level

P6

Experiences and Outcomes		Benchmarks Suggested Online Resources	Learning Intentions / Success Criteria
Relationships, sexual health and parenthood	<p>I understand that a wide range of different kinds of friendships and relationships exists. HWB 2-44a</p> <p>I am identifying and practising skills to manage changing relationships and I understand the positive impact this can have on my emotional wellbeing. HWB 2-45a</p>	<ul style="list-style-type: none"> Identifies different kinds of friendships and relationships. Identifies the skills required to manage changing relationships, for example tolerance, empathy, loyalty, kindness, resilience, mutual trust and respect. Explains the impact of positive relationships on emotional wellbeing. <p>https://rshp.scot/wp-content/uploads/2019/07/Part-1.-What-is-love-Activity-plan.pdf</p> <p>https://rshp.scot/wp-content/uploads/2019/07/Part-1.-What-is-love-Slides.pptx</p> <p>https://rshp.scot/wp-content/uploads/2019/08/Part-2.-Being-attracted-to-someone-Activity-plan.pdf</p> <p>https://rshp.scot/wp-content/uploads/2019/07/Part-2.-Being-attracted-to-someone-Slides.pptx</p> <p>https://vimeo.com/227690432</p>	<ul style="list-style-type: none"> Children understand that different kinds of friendships and relationships exist; and that positive relationships have a positive impact on wellbeing. Children understand the importance of being cared for and caring for others in personal and loving relationships. Children respect and value friendships with children of the opposite sex. Children acknowledge pressures on them to be in boyfriend/girlfriend relationships. I can talk about the importance of being cared for, caring for others, caring for myself and what love means
	<p>Physical changes</p> <p>I recognise that how my body changes can affect how I feel about myself and how I may behave. HWB 2-47a</p> <p>I can describe the physical and emotional changes during puberty, understand why they are taking</p>	<ul style="list-style-type: none"> Identifies positive things about own body image and appearance. Identifies strategies to manage emotions, for example, relaxation techniques, speaking to someone, taking time out. Uses correct terminology for all private body parts and reproductive organs, for example, breasts, vulva, penis, testicles <p>https://rshp.scot/wp-content/uploads/2020/06/Menstruation-Activity-plan-June-2020.pdf</p>	<ul style="list-style-type: none"> I can describe the changes that take place with puberty. (Boys and Girls chat) I can talk about my growing independence. I can talk about things I can do when I am upset. I can identify an adult to speak to if I am upset.

<p>Sexual health and sexuality</p>	<p>place and the importance of personal hygiene. HWB 2-48a Connecting with home letter to be issued prior to lessons on puberty</p> <p>I know that all forms of abuse are wrong and I am developing the skills to keep myself safe and get help if I need it. HWB 2-49a</p> <p>I am able to describe how human life begins and how a baby is born. HWB 2-50a</p>	<p>https://rshp.scot/wp-content/uploads/2020/06/Menstruation-June-2020.pptx</p> <p>https://www.youtube.com/watch?v=DBe7-PHRav8&feature=youtu.be</p> <ul style="list-style-type: none"> Identifies abusive and bullying behaviour, for example, on-line, face to face and knows where to go for help. Explains own rights and responsibilities in relation to abuse. Describes the concept of consent. <p>https://rshp.scot/wp-content/uploads/2019/09/Part-1.-When-I-feel-safe-feel-unsafe-Activity-plan.pdf</p> <p>https://rshp.scot/wp-content/uploads/2020/06/Protecting-Me-Part-1.-When-I-feel-safe-unsafe-Slides-June-2020.pptx</p> <ul style="list-style-type: none"> Describes reproduction and birth, for example, egg and sperm, giving birth. <p>See P6 Powerpoint</p>	<ul style="list-style-type: none"> Children know the names for parts of their body required to understand pregnancy and birth. Children understand where living things come from. I can explain how human life begins, what pregnancy is and how a baby is born.
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	<p>I can describe the role of a parent / carer and the skills, commitment and qualities the role requires.</p> <p>HWB 2-51a</p>	<ul style="list-style-type: none"> • Describes some symptoms of pregnancy • Describes skills and qualities required to be a parent / carer, for example, commitment, love, patience, sense of humour. 	
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